

FORM 206-1: HUMAN SEXUALITY WITHDRAWAL OF CONSENT FORM

Alberta Learning has developed a Health curriculum which does not separate the Human Sexuality objectives into a distinct unit. The objectives are embedded individually in the three themes of Wellness, Relationships and Life Learning Choices.

Alberta Learning and Fort McMurray Public School Division policy permits parents to exempt their children from the lessons on human sexuality. You may examine the Health curriculum online at: <https://education.alberta.ca/media/160196/health.pdf>

Lesson materials and handouts will also be available for parents on request.

Each student’s parent(s)/guardian(s) must be given the opportunity to withdraw their student from taking part in the human sexuality lessons. Any student not taking part, will work on an alternative self-directed study dealing with other Health objectives. You may address any questions about materials or lesson content to your student’s homeroom teacher.

I do not give permission for my child, _____, to participate in the Health lessons on Human Sexuality.

1st Parent/Guardian Signature:

2nd Parent/Guardian Signature

HUMAN SEXUALITY CURRICULUM OUTCOMES

Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	Grade 9
W-4.3 describe physical, emotional and social changes that occur during puberty; e.g., menstruation, secondary sexual characteristics, changing identity and moods	W-5.3 identify the basic components of the human reproductive system, and describe the basic functions of the various components; e.g., fertilization, conception	W-6.3 identify and describe the stages and factors that can affect human development from conception through birth	W-7.3 examine the human reproductive process, and recognize misunderstandings associated with sexual development	W-8.3 recognize and accept that individuals experience different rates of physical, emotional, sexual and social development	W-9.3 apply coping strategies when experiencing different rates of physical, emotional, sexual and social development; e.g., positive self-talk
		W-6.6 examine and evaluate the risk factors associated with exposure to blood-borne diseases—HIV, AIDS, hepatitis B/C; e.g., sharing needles, body piercing, tattooing, helping someone who is bleeding, being sexually active	W-7.12 identify the effects of social influences on sexuality and gender roles and equity; e.g., media, culture	W-8.7 determine the signs, methods and consequences of various types of abuse; e.g., neglect, physical, emotional, sexual abuse	W-9.7 evaluate implications and consequences of sexual assault on a victim and those associated with that victim
			W-7.13 examine the influences on personal decision making for responsible sexual behaviour	W-8.12 identify and describe the responsibilities and consequences associated with involvement in a sexual relationship	W-9.12 determine “safer” sex practices; e.g., communicate with partner, maintain abstinence, limit partners, access/use condoms/ contraceptives properly

Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	Grade 9
			W-7.14 examine abstinence and decisions to postpone sexual activity as healthy choices	W-8.13 describe symptoms, effects, treatments and prevention for common sexually transmitted diseases; i.e., chlamydia, HPV, herpes, gonorrhea, hepatitis B/C, HIV	W-9.13 identify and describe the responsibilities and resources associated with pregnancy and parenting
				W-8.14 identify and describe basic types of contraceptives; i.e., abstinence, condom, foam, birth control pills	W-9.14 develop strategies that address factors to prevent or reduce sexual risk; e.g., abstain from drugs and alcohol, date in groups, use assertive behaviour
Career and Life Management	<p>P11. examine the relationship between commitment and intimacy in all its levels • identify expectations and commitments in various relationships • examine a range of behaviours for handling sexual involvement • describe how personal values play a role in relationships • explain the role of trust and ways to establish trust in a relationship • develop strategies for dealing with jealousy</p> <p>P12. examine aspects of healthy sexuality and responsible sexual behaviour • explain the ongoing responsibility for being sexually healthy • examine a range of behaviours and choices regarding sexual expression • describe sexually healthy actions and choices for one's body, including abstinence • analyze strategies for choosing responsible and respectful sexual expression • describe the ways in which personal values influence choices • assess the consequences of being sexually active</p>				

For more information visit: <https://teachingsexualhealth.ca/teacher/howtoteach.html>